

Relevant Information for Guests

In Case of Medical Emergency

Johnson City Medical Center - 30 minutes away - Level 1 Trauma Center

<http://www.msha.com/facility.cfm?id=47>

Distances to Nearby Towns and Cities, From Buladean to:

Johnson City, Tennessee	26 miles
Elizabethton, Tennessee	27 miles
Hampton, Tennessee	21 miles
Jonesborough, Tennessee	34 miles
Roan Mountain, Tn. Or NC	35 miles
Bakersville, NC	13 miles
Spruce Pine, NC	20 miles
Little Switzerland, NC	26 miles
Burnsville, N.C.	35 miles
Asheville, N.C.	52 miles
Banner Elk, N.C.	39 miles
Blowing Rock, N.C.	57 miles
Boone, N.C.	59 miles
NASCAR Bristol Speedway	43 miles

Closest Country Grocery Store - within 1 mile of each rental house there is small country store which handles basics: milk, bread, etc.

Preparing for a Trip to the North Carolina Mountains:

<http://www.ncwaterfalls.com/links2.htm>

What's Unique About This Part of the World - from BBC News

<http://news.bbc.co.uk/2/hi/technology/8178580.stm>

Jenkins' Favorite Places to Eat

Limestone Cove Country Cafe (10 minutes) *Reservations Required

2425 Highway 107

Unicoi, TN 37692

(423) 743-1005

<http://local.yahoo.com/info-30879588-limestone-cove-country-cafe-unicoi>

Ridgewood Bar.B.Q. (45 minutes)

900 Elizabethtown Highway

Bluff City, TN

423-538-7543

<http://roadfood.com/Reviews/Overview.aspx?RefID=446>

The Captain's Table (45 minutes)
Watauga Lake Resort
2285 Highway 321
Hampton, Tennessee
423 725 2201
<http://www.lakeshore-resort.com/captainstable.htm>

Little Switzerland Café (45 minutes)
9440 Highway 226A
Little Switzerland NC
828-765-5289
<http://switzerlandcafe.com/>

Mountain View Restaurant (45 minutes)
5253 Highway 226 South
Spruce Pine, N. C. 28777
828-766-9670

Grassy Creek Golf and Country Club (45 minutes)
2360 Swiss Pine Lake Drive
Spruce Pine, N. C. 28777
Restaurant 828-765-6589
<http://www.grassycreek.com/index.html>

Toe River Lodge Restaurant (45 minutes)
P. O. Box 159
Plumtree, NC 28664
(828) 765-9696
<http://www.vancetoeriverlodge.com/restaurant2.htm>

Sunnyside Café (45 minutes)
18 N Main St
Weaverville, NC 28787-9427
(828) 658-3338
http://www.10best.com/Asheville,NC/Restaurants/Cafes/81638/Sunnyside_Cafe_Weaverville_NC/

Blue Mountain Pizza (45 minutes)
55 N Main St # C
Weaverville, NC 28787-6635
(828) 658-8777
<http://www.bluemountainpizza.com/>

Eseeola Lodge Restaurant (50 minutes) *Thursday Night Seafood Buffet Wonderful
Linville Golf Club
1-800-742-6717

<http://www.eseeola.com/dining>

Crippen's Country Inn (60 minutes)
239 Sunset Dr, Blowing Rock, NC 28605
(828) 295-3487
<http://www.crippens.com/dnn/>

Village Café Restaurant (60 minutes)
Follow the stone pathway beside Kilwin's
Chocolates & Ice Cream
on Main Street
Blowing Rock, NC 28605
828-295-3769
<http://www.thevillagecafe.com/>

The Manor House Restaurant at Chetola Resort (60 minutes)
Downtown Blowing Rock
828-295-5505
<http://www.chetola.com/restaurants.html>

The Laughing Seed Restaurant
40 Wall Street
Asheville, N. C. 828-252-3445
<http://www.laughingseed.com/index.php?page=1>

The Market Place Restaurant (a real favorite of ours)
20 Wall Street
Asheville, N. C. 28801
828-252-4162 <http://www.marketplace-restaurant.com/>

BEST Closeby Galleries which Showcase Local Artists Work

Because of Penland School of Crafts, hundreds of world class artists live in Mitchell County and surrounding area. Most of the artists have studios attached to their homes which one can visit. At least twice a year, most of the artists participate in the Studio Tours which hold open houses for visitors and with map in hand, one can tour the entire county. For more info, see:

<http://www.toeriverarts.org/index.shtml>

Penland School of Crafts
Penland, N.C.
828.765.2359

<http://www.penland.org/>

Twisted Laurel Gallery

221 Locust Avenue
Spruce Pine, N. C. 28777
828-765-1562
<http://www.insidenc.com/mountain/twistedlaurel.htm>

Crimson Laurel Gallery

23 Crimson Laurel Way
Bakersville, N. C. 28705
828-688-3599
<http://crimsonlaurelgallery.com/>

<http://www.quilttrailswnc.org/maps.html>

Places That Are A Must Visit – Easy Day Visits

Blue Ridge Parkway – one of the most beautiful drives in America – You get on Parkway at Little Switzerland (5 miles from Spruce Pine) and can either go in direction of Boone, Blowing Rock or in the direction of Asheville. Drive both ways is spectacular. Hundreds of hiking paths off Parkway.

<http://www.blueridgeparkway.org/>

Asheville, N.C.

- **Biltmore House**
- **Grove Park Inn**
- **Farmer's Market**
- **Richmond Hill Inn**
- Biltmore Inn
- Galleries Downtown, World Coffee Cafe, French Broad Chocolate Lounge
- Mast General Store

Little Switzerland, N.C. <http://www.littleswitzerlandnc.com/>

Summer Colony in Western NC mountains with vistas paralleling what one would find in Switzerland. Right off Blue Ridge Parkway. Little Village of Shops. Visit Wildacres Retreat - <http://www.wildacres.org/>

Burnsville, N. C. – Home of **Mount Mitchell**, the highest peak of the Appalachian Mountains and the highest peak in eastern North America, and home to hundreds of artists: glassblowers, potters, weavers, jewelry craftsman, etc.

<http://www.burnsville-nc.com/>
<http://www.yanceychamber.com/>
http://en.wikipedia.org/wiki/Burnsville,_North_Carolina
[http://en.wikipedia.org/wiki/Mount_Mitchell_\(North_Carolina\)](http://en.wikipedia.org/wiki/Mount_Mitchell_(North_Carolina))
<http://ncparks.gov/Visit/parks/momi/main.php>
<http://www.mountainaircc.com/>
<http://www.mountainfarm.net/>

Linville Falls, N.C. <http://www.ncwaterfalls.com/lin1.htm>
Spectacular falls and hiking paths

Banner Elk, N.C; Blowing Rock, N.C.; and Boone, N.C.; Grandfather Mountain, N.C. - Largest retirement community in Western North Carolina and home of Appalachian University and Lees-McRae College. Blowing Rock has large Tanger Outlet Shopping Mall.

<http://www.blowingrock.com/>
http://en.wikipedia.org/wiki/Boone,_North_Carolina
<http://www.townofbannerelk.org/>
<http://www.grandfather.com/>
<http://www.linvilleridge.com/>

Roan Mountain Tenn/N.C. - World's largest natural display of rhododendron in full bloom usually around end of 3rd week in June. Spectacular hiking and bluff views.

<http://www.roanmountain.com/>
<http://www.tennessee.gov/environment/parks/RoanMtn/>

Elizabethton, Tennessee - quaint little town with historic 1882 beautiful covered bridge and gateway to Roan Mountain, Watauga Lake, and Worley's Cave.

<http://www.elizabethton.org/>
http://en.wikipedia.org/wiki/Watauga_Lake
<http://www.mtnadventureguides.com/sitepages/pid98.php>

Jonesborough, Tennessee - Tennessee's oldest town is historic, quaint, and home to the storytelling capital of the world.

<http://www.jonesboroughtn.org/>
http://en.wikipedia.org/wiki/Jonesborough,_Tennessee

Johnson City, Tennessee - only 35 minutes away, this is the source of most serious shopping (Kroger, Food City, Lowes, Home Depot, Shopping Mall with Belks, Sears, etc;) chain

restaurants, movie theatres, and entertainment. Also home of East Tennessee State University (with medical and pharmacy schools).

http://en.wikipedia.org/wiki/Johnson_City,_Tennessee
<http://www.mallatjohnsoncity.com/index.cfm>
<http://etsu.edu/>

ACTIVITIES - Golf, Fishing, Hiking, Rafting, Snow Skiing

Trout Fishing - The area has some of the best brown, rainbow, brook, and speckled trout fishing in the Eastern U.S., and beginning steps away into Little Rock Creek. NC Fishing License and Trout Stamp are both required:

http://www.ncwildlife.org/fs_index_03_fishing.htm
<http://www.flyfishingnc.com/streams/trout-streams/>
<http://wnctrout.com/>
<http://riversedgeoutfittersnc.com/>
<http://www.foscoefishing.com/>
<http://www.ashevilledrifters.com/>

Rafting - The area has some of the best rafting in the Eastern U.S. and access to input into Nolichucky is within few miles of Buladean.

<http://www.ncrafting.com/>
<http://www.rollingthunderriverco.com/Nantahala-River-Rafting-Information.cfm>
<http://www.noc.com/index.php/nolichucky.html>
<http://www.mtnadventureguides.com/>

Snow Skiing in Banner Elk/Boone/Blowing Rock area

<http://www.skisugar.com/conditions/>
Sugar Mountain Banner Elk,NC

<http://www.skibeech.com/>
Beech Mountain Banner Elk,NC

<http://www.skiwolfridgenc.com/>
Ski Wolf Mars Hill, NC

Golfing - Within an hour's drive of Buladean, there are a large number of public and private golf courses beginning in Spruce Pine with Grassy Creek Country Club (public) and in Burnsville at Mt. Mitchell Country Club (public) to larger number of public courses in Boone/Blowing Rock and Asheville, N.C. as well as Johnson City, Tennessee. Additionally, large number of private courses from Mountain Air in Burnsville to Linville Ridge in Blowing Rock.

<http://www.grassy creek.com/>

Grassy Creek Golf Spruce Pine ,NC

<http://eseeola.com/golf>

Eseeola Lodge at Linville Golf Club

<http://www.mountmitchellgolfresort.com/>

MT Mitchell Golf Resort Burnsville,NC

<http://www.mountainaire.com/>

Mountian Aire Golf Resort Jefferson ,NC

<http://www.mountainaircc.com/experience/activities/golf/index.php>

Mountian Air Golf Resort (private) Burnsville,NC

<http://www.golflink.com/golf-courses/city.aspx?dest=Blowing+Rock+nc>

Blowing Rock ,NC golf courses

Asheville Golf Courses

<http://www.golflink.com/golf-courses/city.aspx?dest=Spruce+Pine+NC>

[http://www.golflink.com/golf-](http://www.golflink.com/golf-courses/city.aspx?dest=Asheville+NC&utm_source=yahoo&utm_medium=ssp&utm_campaign=yssp_golf-city-state)

[courses/city.aspx?dest=Asheville+NC&utm_source=yahoo&utm_medium=ssp&utm_campaign=yssp_golf-city-state](http://www.golflink.com/golf-courses/city.aspx?dest=Asheville+NC&utm_source=yahoo&utm_medium=ssp&utm_campaign=yssp_golf-city-state)

Johnson City Golf Courses

[http://www.golflink.com/golf-](http://www.golflink.com/golf-courses/searchresults.aspx?coursekeyword=&coursecity=johnson+city&coursestate=TN&course)

[courses/searchresults.aspx?coursekeyword=&coursecity=johnson+city&coursestate=TN&course](http://www.golflink.com/golf-courses/searchresults.aspx?coursekeyword=&coursecity=johnson+city&coursestate=TN&course)
[name=&coursezip=&within=20&p=1](http://www.golflink.com/golf-courses/searchresults.aspx?coursekeyword=&coursecity=johnson+city&coursestate=TN&course)

SPAS

While there are many spas within an hours drive, these are best options, including the world class Grove Park Inn Spa.

<http://www.relaxatserenity.com/>

Serenity Day Spa Banner Elk ,NC

<http://www.sanctuaryinboone.com/>

Sanctuary Spa Boone, NC

<http://www.groveparkinn.com/Leisure/TheSpa/>

Grove Park Inn Spa Asheville ,NC

<http://www.richmondhillinn.com/select-services/our-spa>

Richmond Hill Inn Spa Asheville,NC

The Panes, R. 3, Box 312A, Burnsville, N. C. 28714 (Off Hwy 19 E) 828-682-4157

Panes spa Burnsville ,NC

http://www.spafinder.com/day-spas/United-States_North-Carolina/N=51%201374

Spa finder link for NC

G A R D E N S

Biltmore Estate

1 North Pack Square (Exit 50 off I-40)

Asheville, NC 28801

800-543-2961 or 828-274-6333

Gardens (75 acres) designed by Frederick Law Olmsted for America's largest private home - George Vanderbilt's chateau. Includes: Italian garden, shrub garden, walled English garden, azaleas, roses, conservatory, arbors, flowering bulbs, rhododendrons, annuals

Botanical Gardens of Asheville

University of North Carolina - Asheville

151 Weaver Boulevard (near UNC-A, Exit off US 19/23/70)

Asheville, NC 28801-4297

828-252-5190

Features native trees, shrubs, and flowers on a 10 acre site next to University of North Carolina at Asheville. Includes: woodland trails, garden for blind, azaleas, botany center, wildflowers, native trees and shrubs

Richmond Hill Inn

Near Hwy. 251/UNC-A exit off US 19-23

Asheville, NC

800-545-9238

Period gardens surrounding a Victorian mansion

Craggy Gardens

15 miles NE of Asheville

Blue Ridge Parkway (Milepost 364)

Asheville, NC

A network of trails (600 acres) on the Blue Ridge Parkway featuring an abundance of wildflowers, rhododendrons, and azaleas in a natural setting.

North Carolina Arboretum

Blue Ridge Parkway (Milepost 393, off Hwy 191)

Asheville, NC

828-665-2492

A 426 acre garden under construction. Currently includes: plants with promise, quilt garden, stream garden, heritage garden, garden trails, native azaleas, terrace garden, water garden, educational center

Burnsville

Roan Mountain

Tocane Ranger District

PO Box 128

Burnsville, NC 28714

704-682-6146 The Roan is famous for its natural gardens filled with a potpourri of wildflowers and rare plants, but the plant most acclaimed for beauty is the Catawba rhododendron. Part of the [North Carolina National Forest](#). On old US 19-E in Burnsville.

Boone

Daniel Boone Native Gardens

591 Horn in the West Drive (off US 421/ 321)

Boone, NC 28607

828-264-6390

A 10 acre collection of native trees, shrubs, and wildflowers. Features include: bog garden, fern garden, meditation garden, and a log cabin

Live Theatre – On Stage

<http://www.blowingrockstage.com/>

Blowing Rock Stage Company Blowing Rock

<http://www.parkwayplayhouse.com/>

Parkway Playhouse stage Burnsville,NC

<http://www.dwtheatre.com/>

Dianna Wortham Theatre Asheville,NC

<http://www.ashevilletheatre.org/>

Asheville Community Theatre Asheville ,NC

<http://www.brightstartheatre.com/>

Bright Star Theatre Children's Theatre Asheville ,NC

<http://www.jcct.us/>

Johnson City Community Theatre

<http://www.theatre.appstate.edu/>

Appalachian State University Boone ,NC

<http://www.brctnc.org/>

Blue Ridge Community Theatre Boone,NC

http://www.lmc.edu/web/academics/Schools/ProfessionalStudies/PerformingArts/AcademicPrograms/BFA_Home.htm

Lees MC Crae College Banner Elk,NC

<http://www.fctplays.org/>

Foothills Community Theatre Marion,NC

http://www.jnctg.com/Western_Mount.php

Comprehensive Theatre Guide for NC